­ 

**Summer Series 2018**

**Races include:**

**\_\_ 1 Saturday, June 9, 2018 Woodruff Park 5K 8 am**

**\_\_ 2 Monday, June 25, 2018 4 miler 7:30pm**

**\_\_ 3 Saturday, July 7, 2018 Big Dog Heatwave 5 miler 8am (required)**

**\_\_ 4 Monday, July 23, 2018 4 miler 7:30pm**

**\_\_ 5 Saturday, August 18, 2018 Lakebottom Park 5K 8am**

**Check the races you plan to run. Must run Heatwave plus 3 of the other races**

**to be included in series awards. Medal for completing all 5 races.**

**Registration Fees: circle the one that applies**

**CRR Member $65; Nonmember $85 Must run Heatwave & 3 of the other races to be considered for Awards**

**Price includes entry into all races marked plus Series Shirt**

Individual 5K entry: Woodruff Park 5K & Lakebottom Park 5K: CRR Member $20; Nonmember $25; $30 Race Day

**June 25 & July 23 4 miler on Mondays: CRR Member $10; Nonmember $15**

**Awards:** Series awards will be given at the end of the Series along with a Celebration Party TBD

Runners must run Heatwave & 3 of the other races to be eligible for Series Awards.

Awards top 3 overall, Masters, winner in 10 year age groups – all male & female – based on time

Medal for completing all 5 races.

**Registration:** Register at Big Dog Running Co store, complete this form & mail to address below, or go online to RunSignUp.com:

First Name:\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Last Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State:\_\_\_\_ Zip:\_\_\_\_\_\_\_\_\_\_\_

Date of Birth:\_\_\_\_\_\_\_ Male:\_\_\_ Female:\_\_\_ Phone:\_\_\_\_\_\_\_\_\_\_\_ Email:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Shirt Size (Please check one): Mens: Small\_\_\_\_ Medium\_\_\_\_ Large\_\_\_\_ X-Large\_\_\_\_ XXL\_\_\_\_

OR Womens: Small\_\_\_\_ Medium\_\_\_\_ Large\_\_\_\_ X-Large\_\_\_\_ Youth: S \_\_ M \_\_ L \_\_

1 Mile: \_\_\_\_\_\_ 2 Mile: \_\_\_\_\_\_\_ Grade: \_\_\_\_\_\_\_

**Waiver/Release Statement (please read and sign below):**

In consideration of acceptance of this entry, I hereby, for myself, my heirs, my executors, and administrators, waive any and all rights and claims for illness, injuries, or damages I may have against the Columbus Roadrunners Club, The Road Runners Club of America and it’s officers, directors, and members, volunteers, employees, agents, sponsors or race director. None of the above is responsible for loss of personal items, or any form of aggravation in connection with said event. I fully understand that my participation is a completely voluntary undertaking of my own choosing and I fully understand that in doing so I assume full responsibility for all damages or injuries incurred by me in connections with this event. I give permission for the free use of my name or photograph in any broadcast or print account of this event. I am in proper physical condition to participate in this event. I certify that I carefully read this release and know the contents. ­

Participant’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/guardian Signature if under 18: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Mail completed & signed entry form with payment to:**

**Columbus Roadrunners**

**POB 9734**

**Columbus GA 31908**